



North Banchory Company,
Banchory Business Centre,
Banchory
AB31 5ZU

2nd June 2010

Rugby Summer Academy (P4 – U16) – 2010

Dear Parent

I would like to invite your child to attend the club's summer academy, which will be held at Tillybrake Field during the week commencing 2nd August. The club's SVQ, John Adams, will head the coaching team.

The cost will be £50 for the week for. For families with more than one child attending the other attendees will only be required to pay £25 for the week. Payment for the total amount (in the form of a cheque payable to "**Deeside RFC**") should be made as soon as possible to the above address for the attention of Marian Reid and definitely before 31st July. Please return the attached application and medical forms along with your payment.

1. Sessions will run from 9.30am till 1pm daily from Monday 2nd to Friday 6th August.
2. Coaching staff will be present and the pavilion open from 9.15am.
3. The club can accept no responsibility for the **security of valuables**. Please leave money, watches and jewellery at home. For safety reasons watches and jewellery should not be worn during training sessions.
4. Advisable kit
 - a) **Suitable playing attire consisting of shirt, strong cotton shorts and socks**
 - b) **Strong trainers/rugby boots** – boots are preferable but the club realise that parents of children who are trying the sport may not wish to make such a large outlay. Football boots are suitable but the studs should be smooth and have no sharp edges. Replacement metal rugby studs for football boots are available from most sports shops.
 - c) **Additional clothing for inclement weather** – tracksuit bottoms and waterproof top are advisable. In very bad weather the children will shelter in the pavilion. Part of the fun of rugby is getting dirty, so no alternative indoor training accommodation is provided.
 - d) **A change of clothing/shoes for the end of the session**, to prevent muddy cars!
 - e) **A mouth guard** to prevent damage to teeth. These are available from most sports shops.
 - f) **A plastic water bottle**, there is a drinking water tap in the pavilion to allow refilling at mid session.
5. Whilst the club make every effort to ensure rugby is a safe game, there may be an occasion on which medical treatment is required. Please return the enclosed medical questionnaire with your payment to ensure correct treatment in the highly unlikely event of injury. Players who use inhalers should label them with their name and hand them to the coach at the start of each training session.
6. To comply with current legislation it is necessary for the club to ask parental permission, prior to taking photographs of children during training sessions. Such photographs may be displayed on the club web site or included in local newspaper articles for this years or subsequent years Deeside Rugby Club Academies. A consent slip forms the lower half of the medical questionnaire.

Yours sincerely

Paul Williams

Deeside Rugby Football Club



**DEESIDE RUGBY CLUB
RUGBY ACADEMY APPLICATION FORM**

PLAYERS NAME:

DATE OF BIRTH:

SCHOOL YEAR GROUP FOR ACADEMIC YEAR 2010/11:

PREVIOUS RUGBY EXPERIENCE:

ADDRESS:

HOME PHONE NUMBER:

EMERGENCY CONTACT NAME & TELEPHONE NUMBER DURING ACADEMY WEEK
(MOBILE PHONE PREFERABLE):

E MAIL ADDRESS



MEDICAL QUESTIONNAIRE

DOCTORS NAME / SURGERY ADDRESS AND PHONE NUMBER

DOES YOUR CHILD SUFFER FROM ALLERGIES eg to antibiotics

IS YOUR CHILD ASTHMATIC YES/NO
(affected children should bring their inhaler along to sessions and give it to the coach prior to the session, the inhaler should be labelled with the child's name as from previous experience there are likely to be a number of affected children)

IS YOUR CHILD DIABETIC YES/NO

If yes then please advise coaching staff when dropping your child off for the sessions so that they are aware of the situation.

DOES YOUR CHILD WEAR CONTACT LENSES YES/NO

PARENTS SIGNATURE:

PRINTED NAME:

CONSENT FORM FOR CLUB PHOTOGRAPHY

I hereby agree to my child's photograph being taken at training sessions.

Such photographs may be displayed on the club website and therefore viewed by the general public.

This consent allows one club photographer to take photographs during outdoor training sessions only

PARENTS SIGNATURE:

PRINTED NAME:
